



JEWELTREE, llc  
Holistic Life Coaching & Energetic Restoration

**JewelTree’s Abundance Consciousness Worksheet**

My current financial situation that I wish to change is...

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My emotions regarding this situation are:

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Right now I commit to owning these feelings. I love and honor these emotions as they are a part of me. They are serving as leverage to help move me beyond my current state of discomfort into greater abundance.  
(circle one) I commit    keep talking    need to ponder    no way

I believe that my restrictive thought patterns are preventing me from attracting my abundance. These are:

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I am willing to forgive and release any anger & resentment towards those responsible for conditioning me to the outdated models of money that I currently employ. I commit to completing a JewelTree Forgiveness worksheet on each of these individuals. These people are:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

I accept that I have drawn this condition to me to learn, grow and heal into my life. The individuals that have magnified this awareness for me (appearing as enemies) are:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

I embrace these individuals as angels and commit to completing a JewelTree Forgiveness worksheet on each person. yes    need to ponder    you’re kidding, right? (nope, I’m not)    no way

I now release my prior understanding and “my story” I attached to my relationship with money. I recognize money as a spiritual exchange for services offered. It holds no individual power. My life is successful and abundant. I see the importance of embracing the thinking “I now have more money than exceeds my needs”.  
(circle one) I commit    need to ponder    I am skeptical    not ready to commit

I understand how much energy I expended to resist this easy flow of abundance. I now commit to opening up and allowing a greater stream of love, happiness and acceptance. I truly believe that the Universe offers joy and abundance if I am willing to receive it here and now.

(circle one) I commit    need to ponder    I am skeptical    not ready to commit

I now regard myself in a higher state of awareness and personal vibration to receive my abundance in the form of everything, including currency. This issue is now dissolving in the most divinely orchestrated way that benefits the whole. (circle one) I commit    need to ponder    I am skeptical    not ready to commit

I summon my aligned energy, well-being and love to supersede my over Egoic pursuits in order to draw forward creative and inspired methods in order to inherit my happiness and success. (circle one) I commit    need to ponder    I am skeptical    not ready to commit

I am now committed to recognizing the shift that must occur in order for me to remove any emotional debris that keeps me bound to the status quo. I am worthy of infinite happiness, success and abundance. In order to do so I agree to shift my personal vibration to be that of perfect financial health and mental well-being. Success is about the joy I feel.

“ I now recognize that...

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I understand that I am responsible for all my thoughts, decisions, actions and feelings. I now turn this over to my own Spiritual Intelligence and know that all is as it should be right here and now. The concept of shortage and lack was of my own making. I recognize the importance of visualizing and believing that I am surrounded by the conditions I wish to create.

(circle one) I commit    need to ponder    I am skeptical    not ready to commit

I am appreciative of this experience. Every morning and evening I will inventory the things, events, people, synchronicities, internal messages/guidance and milestones for which I am grateful.

(circle one) I commit    need to ponder    I am skeptical    not ready to commit

I now commit to being open to my creative intelligence and well-being and in this state of ease, appreciation, gratitude and love the Universe will issue my requests in total faith and in perfect divine orchestration.

(circle one) I commit    need to ponder    I am skeptical    not ready to commit

**So Be it.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_